

988PHILLY.ORG

CALL. TEXT. CHAT.

**988  
PHILLY**

**A SAFE SPACE  
TO TALK.**

**MINDFULNESS COLORING BOOK**

## What is 988?

**988 is the new three-digit number that replaces the National Suicide Prevention Lifeline 10-digit number.**

988 is an easy-to-remember number that provides a direct connection to immediate support and resources for anyone in crisis and in need.

## How can I connect with 988?

People can call, text, or chat 988.

## What is the difference between 988 and 911?

**988** is a mental health crisis intervention service.

**911** is a public safety relay service that **ONLY** dispatches emergency medical services, fire, and police, as needed. 911 is not a mental health crisis intervention service.

**Calling 988 is the intervention.** Most of the time, the crisis is resolved at the end of the call. If the crisis cannot be resolved, a Crisis Response Team will be dispatched to support the person in need.

# HELP SPREAD THE WORD ABOUT 988!

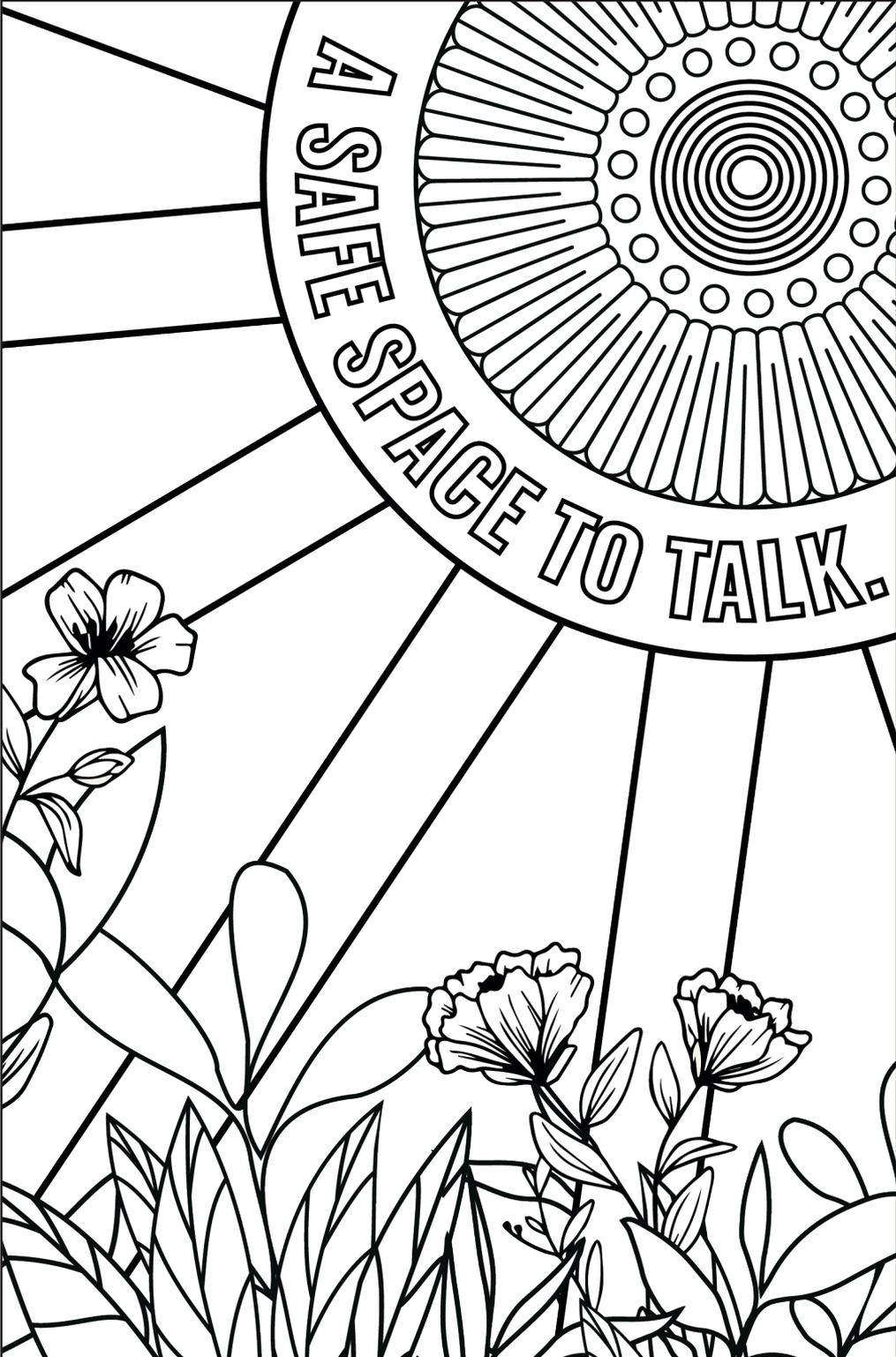
Help inform others about 988.

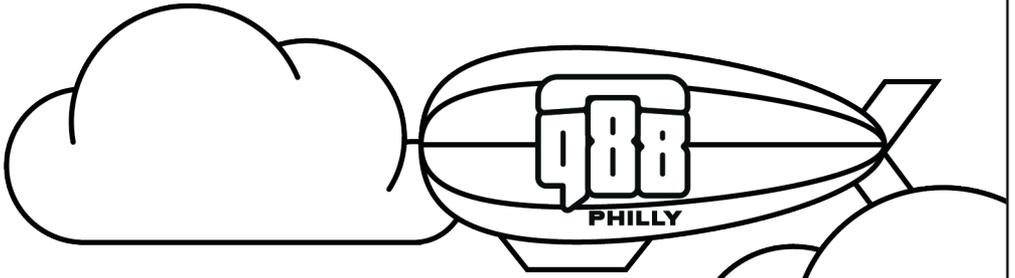
Visit [988philly.info](https://988philly.info) to make your own 988 flyers, social media graphics, swag and more.



TAKING CARE  
OF YOUR  
MENTAL  
HEALTH  
IS AN ACT OF  
SELF-LOVE

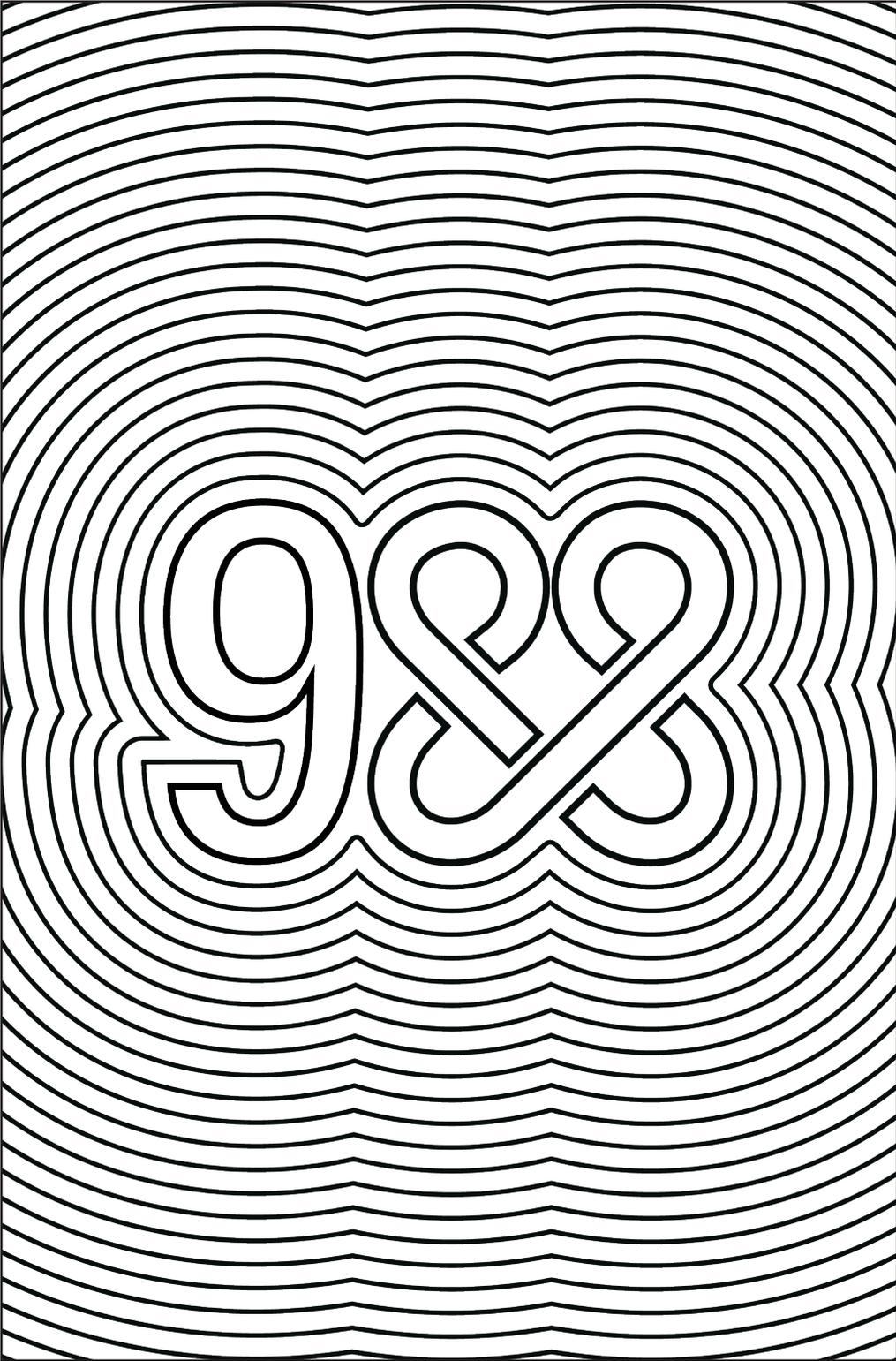


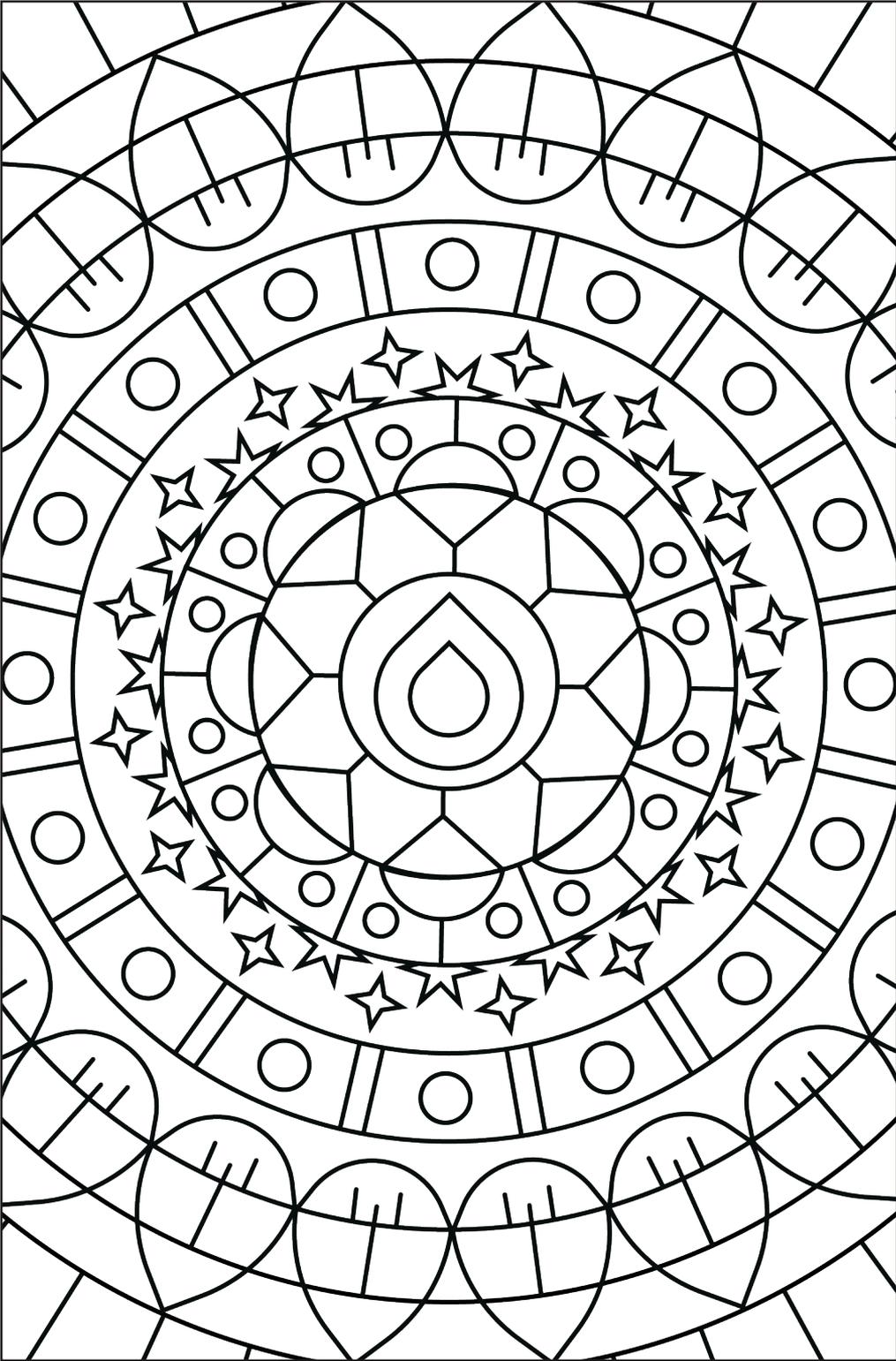




YOU ARE  
NOT ALONE.

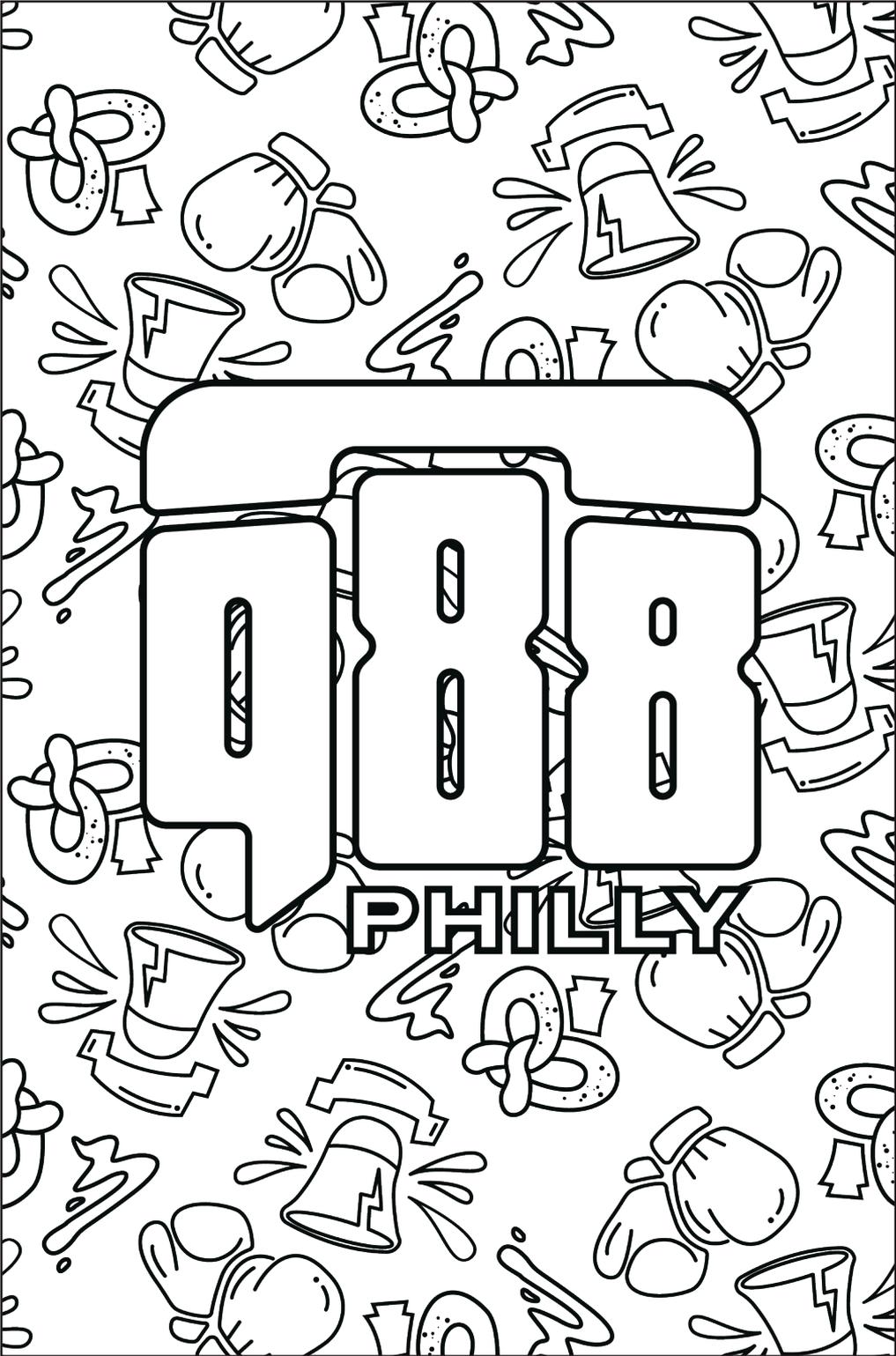






**PHILLY**







# 988 PHILLY

**24/7 free, confidential, and compassionate help**  
for mental health support or crisis intervention.  
We are here whenever you or a loved one is in need.

— **988PHILLY.ORG** —

Designed + Produced by JEME